



grow in a small group this year!

Enrich your faith journey through the support and encouragement of others. Contact group leaders for more information or Adult Ministries Lay Leader Marna Taylor, 358.7740, mct4tay@yahoo.com. **All of these groups are open to new members, so don't hesitate to pop-in or contact the leader for more details.**

Simply Sabbath, 2nd and 4th Sundays, 6PM, Library at LGUMC, Marna Taylor, 358.7740, mct4tay@yahoo.com

This small group is focused on integrating simple Sabbath practices into our everyday lives. We support and encourage one another to practice Sabbath and other faith development exercises, and organize our group around relevant books.

Sunday Night Spirituality, 1st and 3rd Sundays, 6:30 pm, Library at LGUMC, Rob Agrimonti, 348.9636 itnomirga@yahoo.com

Upper Room, Sundays, 4:00PM, Library at LGUMC, Al Blood, 242.1702, amblood2@comcast.net

Join us for devotion as we read and study the weekly devotionals and discussion questions found in the Upper Room publication.

Men's Spirituality Group, Mondays, 7:30PM, Café Hope at LGUMC, Carl Thoresen, 356.5802, cthor@stanford.edu

Gathering of men helping each other grow spiritually in a supportive group by learning and using eight daily spiritual practices (e.g., passage meditation, slowing down, being one-pointed in attention, putting others first). These practices are based on the collective wisdom found in Christian, Jewish, Islamic, Hindu and Buddhist traditions. All are invited to visit or contact Carl for more information.

Soul and Silicon, Sundays, 12:45 pm, library, Bud Baker, 253.8625, bakerac@comcast.net. The core of the group discussion will be around Los Altos resident Carl A. Goldman's 1997 book "**Soul & Silicon, Spirits in a High-Tech World.**" The book is out of print, but copies are available through the secondary market on Amazon.com.

Grief, Loss and Transition Support Group, 1st Tuesday, 10AM, library, Lynne Woodward, 356.3738, lynne-wood2@comcast.net

Group members experience a confidential, safe and spiritual opportunity to discuss the thoughts, feelings and events of their lives as they transition through times of grief. Membership is loving, prayerful and supportive and lends itself to a wonderful fellowship and a sense of community.

Faith, Reason & Community, Tuesdays, 1:30PM, Library at LGUMC, Carole Mateer, 353.2357

This group meets to discuss videos and books to gain new perspectives on Christianity and faith.

Kindred Spirits, 2nd Wednesdays, 7:30PM, Art Gallery at LGUMC, Sharon Armstrong, 268.0493, ssarmstrong@gmail.com

Kindred Spirits members gather monthly for a lively discussion of the book selected for that month. We all read the book ahead of time and one of the members facilitates the discussion. Each fall, we select the books for the following year. These can include fiction, non-fiction, biography, classics, best sellers, historical, political, plays, science fiction or mysteries.

United Methodist Women Circles, Third Thursdays, 10AM and 7:30PM

The purpose of United Methodist Women is to know God, to develop a creative, supportive fellowship, and to support local as well as global ministries. For more information and locations contact *UMW President Mary Ellen Heising* 268.7739, mehdrh@hotmail.com.

Morning Circle – Joy Palmer 997.7246, joy@jppalmer.com ; **Evening Circle** – Maxene Blood 268.6336 , amblood@comcast.net and Louise Osborne, 379.8516, boboloos@yahoo.com

A Quiet Time for Women, Wednesdays, 10AM, Kay Thoresen, 356.5802, carkay33@hotmail.com

A time to walk the labyrinth and learn spiritual practices in a safe, supportive environment.

Movement Young Adult Ministries, Thursdays, 7:30PM, Café Hope at LGUMC, Kasey Rice, kmaricia@yahoo.com

Movement is to help ages 18 to 35 discover the amazing Love of God. Through this love we hope to empower you to use your gifts for the benefit of others and the purposes of God. Join us as we build relationships with each other, our community, and also with God!

Movie Group, Second Saturdays, 3PM, Fireside Room, Jeanette McNeely, 253.0220, jpwdm@comcast.net

This group meets monthly for spirited discussions and reviews of a variety of movies that individuals watch on their own in advance of the session. See the Spire for monthly announcement of what movies will be discussed in the coming month.

Celebrate Recovery, Sundays, 5PM Dinner; 6PM Worship; 7PM Small Groups, Chapel

This ministry celebrates God's healing power in our lives through the 12 Steps and 8 Recovery Principles. Through worship, fellowship and small groups, this experience allows us to "be changed" as we discover our personal, loving and forgiving Higher Power - Jesus Christ. Welcome to an Amazing Spiritual Adventure! *Contact:: Bill Cartmill, bcartmill@comcast.net, 656.9772; Mike Kent MKent@RMSNAV.com, 309.3445; John Lynch, jlynch95033@gmail.com, 569-3470; Amy Loofbourow, amy-loof@gmail.com; 569.3469, Jonnye Cartmill, jcartmill@comcast.net 656.9817*