



**Live Oak Senior Nutrition and Service Center**  
 111 Church Street, Los Gatos, CA 95030  
 (408) 354-0707



Salt Icon: Meal contains more than 1000 mg sodium



Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> LON <b>Beef Tips w/ Orange Sauce</b> <i>10:30 Zumba Gold</i>	<b>4</b> LON <b>Cider Braised Pork w/ Caramelized Onions</b> <i>Piano Music w/ Tony</i>	<b>5</b> ARC <b>Fish Baked Florentine</b> <i>9:00 Card Games</i>	<b>6</b> LON <b>Chicken Parmesan</b>	<b>7</b> LON <b>Beef &amp; Turkey Salisbury Steak w/ Gravy</b> <i>10:00 Scrabble</i> <i>10:30 Gentle Chair Yoga</i>
<b>10</b> LON <b>Fish Taco w/ Pico de Gallo Sauce</b> <i>10:30 Zumba Gold</i> <i>Music by Danny K</i>	<b>11</b> LON <b>Rotisserie Chicken</b> <i>Piano Music w/ Tony</i>	<b>12</b> ARC <b>Teriyaki Beef &amp; Turkey Meatballs</b> <i>9:00 Card Games</i>	<b>13</b> LON <b>Vegetarian Chili</b>	<b>14</b> LON <b>DC Pork &amp; Noodles</b> <i>10:00 Scrabble</i> <i>10:30 Gentle Chair Yoga</i>
<b>17</b> LON <b>Honey Mustard Chicken</b>	<b>18</b> LON <b>Pork Char Sui</b> <i>Piano Music w/ Tony</i>	<b>19</b> ARC <b>Vegetarian Pasta Primavera</b> <i>9:00 Card Games</i>	<b>20</b> LON <b>Roast Beef w/ Au Jus Sauce</b> <i>Holiday Celebration</i>	<b>21</b> LON <b>Baked Fish w/ Roasted Red Bell Pepper Sauce</b> <i>10:00 Scrabble</i> <i>10:30 Gentle Chair Yoga</i>
<b>24</b> LON <b>Closed Christmas Eve</b>	<b>25</b> LON <b>Closed Christmas Day</b>	<b>26</b> ARC <b>Closed Day After Christmas</b>	<b>27</b> LON <b>Baked Chicken</b>	<b>28</b> LON <b>Beef Stroganoff</b> <i>10:00 Scrabble</i> <i>10:30 Gentle Chair Yoga</i> <i>Birthday Celebration!</i>
<b>31</b> LON <b>Baked Fish w/ Lemon &amp; Herb Sauce</b>				
<b>Week 12/3: Chef Salad OR Cottage Cheese Salad OR Chicken Salad Sandwich</b>			<b>Come at 10 am to Socialize - Meals are served at 12 Noon</b>	
<b>Week 12/10: Greek Chicken Salad OR Veg. Green Pea Salad OR Roast Beef Sandwich</b>			<b>ARC = Los Gatos Adult Recreation Center, 208 E. Main St., Los Gatos</b>	
<b>Week 12/17: Chicken Caesar Salad OR Marinated Lentil Salad OR Waldorf Turkey Pita</b>			<b>LON = Live Oak Senior Nutrition Ctr., 111 Church St., Los Gatos</b>	
<b>Week 12/24: Chicken Pasta Salad OR Spinach, Cranberry, Walnut &amp; Egg Salad OR Roast Pork Sandwich</b>			<b>\$3.00 Contribution is Recommended for Adults over 60</b>	
<b>Week 12/31: BBQ Chicken Salad OR Vegetarian Chick Pea Salad OR Turkey Wrap</b>			<b>Reservations: 24 Hours in Advance (408) 354-0707</b>	