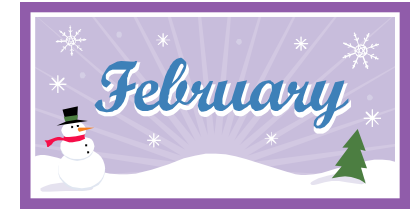




**Live Oak Senior Nutrition and Service Center**  
 111 Church Street, Los Gatos, CA 95030  
 (408) 354-0707



Salt Icon: Meal contains more than 1000 mg sodium



Monday	Tuesday	Wednesday	Thursday	Friday
				1 <b>LON</b> DC Pork & Noodles 10:00 Scrabble 10:30 Gentle Chair Yoga
4 <b>LON</b> Beef Burgundy 10:30 Zumba Gold	5 <b>LON</b> Chicken Pastina Piano Music w/ Tony	6 <b>ARC</b> BBQ Pulled Pork Sandwich 9:00 Card Games	7 <b>LON</b> Oriental Shoyu Chicken	8 <b>LON</b> Broccoli and Cheese Frittata 10:00 Scrabble 10:30 Gentle Chair Yoga
11 <b>LON</b> Lemon & Herb Chicken 10:30 Zumba Gold Music by Danny K	12 <b>LON</b> Balsamic Glazed Pork Piano Music w/ Tony	13 <b>ARC</b> Meat Lasagna 9:00 Card Games	14 <b>LON</b> Sweet & Sour Pork Valentine's Day Celebration	15 <b>LON</b> Fish Sandwich 10:00 Scrabble 10:30 Gentle Chair Yoga
18 <b>LON</b> <b>Closed</b> President's Day	19 <b>LON</b> Teriyaki Chicken Piano Music w/ Tony	20 <b>ARC</b> Diced Pork & Noodles 9:00 Card Games	21 <b>LON</b> Beef & Turkey Cabbage Bake	22 <b>LON</b> Vegetarian Pasta Primavera 10:00 Scrabble 10:30 Gentle Chair Yoga Birthday Celebration!
25 <b>LON</b> Chicken Curry 10:30 Zumba Gold	26 <b>LON</b> Swedish Meatballs Piano Music w/ Tony	27 <b>ARC</b> Honey Mustard Chicken 9:00 Card Games	28 <b>LON</b> Roast Pork with Gravy	

Week 2/1: Greek Chicken Salad OR Veg. Green Pea Salad OR Roast Beef Sandwich	<b>Come at 10 am to Socialize - Meals are served at 12 Noon</b>
Week 2/4: Chicken Pasta Salad OR Orange, Beet & Quinoa Salad OR Tuna Sandwich	<b>ARC = Los Gatos Adult Recreation Center, 208 E. Main St., Los Gatos</b>
Week 2/11: Chicken Barley Spring Salad OR Green Pea Salad OR Turkey Sandwich	<b>LON = Live Oak Senior Nutrition Ctr., 111 Church St., Los Gatos</b>
Week 2/18: Chicken Santa Fe Salad OR Black Bean Orzo Salad OR Greek Chicken Pita	<b>\$3.00 Contribution is Recommended for Adults over 60</b>
Week 2/25: Chinese Chicken Salad OR Vegetarian Bean Salad OR Tuna Melt	<b>Reservations: 24 Hours in Advance (408) 354-0707</b>