







Live Oak Senior Nutrition and Service Center
 111 Church Street, Los Gatos, CA 95030
 (408) 354-0707



Salt Icon: Meal contains more than 1000 mg sodium



Monday	Tuesday	Wednesday	Thursday	Friday
2 Closed Labor Day LON	3 Chili Turkey Dog Piano Music w/ Tony  LON	4 Tandoori Chicken 9:00 Card Games ARC	5 Taco Al Pastor Blood Pressure Check Piano Music w/ Tony LON	6 Parmesan Fish 10:00 Scrabble Piano Music w/ Tony LON
9 Baked Fish Mango Salsa Music by Danny K LON	10 Chicken Pastina Piano Music w/ Tony LON	11 Honey Ginger Pork Loin 9:00 Card Games ARC	12 Chile Lime Chicken Blood Pressure Check Piano Music w/ Tony LON	13 Spaghetti & Meatballs 10:00 Scrabble Piano Music w/ Tony LON
16 Chicken Adobo Piano Music w/ Tony LON	17 Pork with Chimichurri Sauce Piano Music w/ Tony LON	18 Chicken Alfredo Pasta 9:00 Card Games ARC	19 Baked Fish with Dill Sauce Blood Pressure Check Piano Music w/ Tony LON	20 Beef Shepherd's Pie 10:00 Scrabble Piano Music w/ Tony LON
23 Chile Relleno Casserole Piano Music w/ Tony LON	24 Carne Asada Piano Music w/ Tony LON	25 Baked Fish with Roasted Red Bell Pepper Sauce 9:00 Card Games ARC	26 Pork Char Su Blood Pressure Check Piano Music w/ Tony LON	27 BBQ Chicken 10:00 Scrabble Piano Music w/ Tony Birthday Celebration!  LON
30 Chicken with Paprika Cream Sauce Piano Music w/ Tony LON				

Week 9/2: Chicken Caesar Salad OR Vegetarian Green Pea Salad OR Meatloaf Sandwich

Come at 10 am to Socialize - Meals are served at 12 Noon

Week 9/9: Chinese Chicken Salad OR Marinated Lentil Salad OR Turkey Sandwich

ARC = Los Gatos Adult Recreation Center, 208 E. Main St., Los Gatos

Week 9/16: Chicken Farro & Apple Salad OR Peach, Tomato & Tofu Salad OR Tuna Sandwich

LON = Live Oak Senior Nutrition Ctr., 111 Church St., Los Gatos

Week 9/23: Chef Salad OR Antipasti Orzo Salad OR Curry Apple & Chicken Wrap

\$3.00 Contribution is Recommended for Adults over 60

Week 9/30: Brazilian Pork Salad OR Quinoa Strawberry & Feta Cheese Salad OR Turkey Wrap

Reservations: 24 Hours in Advance (408) 354-0707